

**The Frequencies Of Rifting From
The First Frequencies**

**Discovered By Royal Rife To
Today Electromagnetic Devices
And Frequencies For Care And
Well Being**

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The story of frequency-based healing is as fascinating as it is polarizing. At its center stands Royal Raymond Rife, a brilliant but controversial inventor who, in the early 20th century, claimed to have discovered that specific electromagnetic frequencies could destroy harmful microorganisms without harming the host. Today, a growing community of practitioners and wellness enthusiasts explores what are commonly called **the frequencies of**

rifing—a practice that has evolved from Rife's original discoveries into modern electromagnetic devices for care and well being. This article takes you on a journey from the first frequencies discovered by Royal Rife to the contemporary landscape of frequency devices, examining the science, the controversies, and the enduring appeal of using energy to support health.

**The
Pioneering
Work of
Royal Rife**

The Frequencies Of Rifting From The First Frequencies

Who Discovered By Royal Rife To
Today Electromagnetic Devices
And Frequencies For Cure And
Well Being

Royal Raymond Rife (1888–1971) was an

American inventor and researcher known for his development of a high-powered optical microscope and his theories about using radio frequencies to treat disease. Rife claimed that every microorganism has a unique resonant frequency, and by applying that frequency with enough intensity, the microbe could be destroyed—a process he called “mortal oscillatory rate.” His early experiments involved exposing pathogens such as the typhoid bacillus and the tuberculosis bacterium

The First Frequencies Discovered

Rife’s original frequency tables were derived from exhaustive laboratory work. He claimed to have identified frequencies for a wide range of bacteria, viruses, and fungi. For example, he suggested that the “BX” form of the cancer-associated microbe resonated at a frequency of 2127 Hz (or in some reports, specific sub-harmonics). These early frequencies became the foundation

for what practitioners now call the Rife frequency list. Rife also developed a device known as the “Rife Ray” or “Frequency Generator,” which delivered these frequencies through a plasma tube or contact electrodes.

Despite promising results in limited trials, Rife’s work was met with fierce opposition from the medical establishment of the time. His laboratory was dismantled, his records confiscated, and for decades, his discoveries faded into obscurity. Yet the idea that specific electromagnetic frequencies could influence biological

systems never completely disappeared.

The Evolution of Rife Technology

From Analog to Digital

For decades after Rife’s death, his frequency tables were passed around by enthusiasts and researchers. In the 1980s and 1990s, hobbyists began building their own frequency generators based on Rife’s notes. These early analog machines could produce a limited range of sine waves

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and spirit were. The Rife, using
radio waves, was the first to
create a field around the body
of digital signals that create a field
processing. Modern

rife machines use
microprocessors to
generate highly
accurate, stable
frequencies across a
broad
spectrum—often from
0.1 Hz to several
megahertz.

Modern Electromagnetic Devices

Today's
electromagnetic
devices for care and
well being come in
many forms. Some are
contact-based, using
hand-held cylinders or
foot pads that deliver
frequencies through
the skin. Others are

Many devices are
programmable,
allowing users to select
from presets or upload
custom frequency sets.
Popular examples
include the **Rife Pro**,
the **F-122**, and a range
of portable frequency
generators. These
devices are not
approved by the FDA
for medical treatment,
but they are sold as
wellness tools for
experimental use.

The Role of Software and Frequency Databases

One of the most
significant

How developments in the rifting community is the compilation of vast frequency databases. Websites and software like *Frequency Wizard* or *RifeLib* offer thousands of frequencies claimed to target specific conditions—from Lyme disease and candida to chronic pain and emotional balance. The frequencies of rifting now include not just Rife's original numbers but also derived frequencies from later researchers such as Dr. James Bare, Dr. Royal Raymond Rife (updated lists), and even modern bioenergetic scans.

Frequencies Are Believed to Work

Resonance and Biological Effects

The core premise behind rifting is resonant absorption. Proponents argue that when a cell, microbe, or tissue is exposed to its natural resonant frequency, the energy is absorbed and can cause mechanical stress or disruption. In the case of pathogens, this could theoretically rupture their cell walls or interfere with their metabolism. For healthy cells, frequencies are

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Discovered By Nikola Tesla
Today's Electronic Frequency
And Frequency Application
Well Being

some diseases used to
promote health and
reduce inflammation,
or support
detoxification. While
mainstream science
remains skeptical of
many specific claims,
there is well-accepted
research on the
biological effects of
electromagnetic
fields—such as the use
of TENS units for
pain relief or PEMF
therapy for bone
healing. The
frequencies used in
those contexts are
much lower and better
studied, but the
principle of
frequency-based
interaction with living
tissue is not
pseudoscience per se.

Different

- **Contact Electrodes:**
Direct skin
contact delivers
frequencies
through ionic
conduction.
Often used for
local issues like
joint pain or
organ support.
- **Plasma Tubes:**
These generate
a radio
frequency field
that fills a
room, exposing
the entire body
without contact.
Many believe
this is closer to
Rife's original
method.
- **Magnetic Coils:** Create

s for Care pulsed electromagnetic fields (PEMF) that can penetrate deeply. Used for pain management and cellular regeneration.

- **Audio Frequencies:** Some devices output signals through speakers or headphones, relying on the idea that sound frequencies also carry resonance (often called “ultrasonic” or “audible” rifting).

Application

and Well Being

General Wellness and Stress Reduction

Many people use frequency sessions for overall relaxation and stress management. Frequencies in the 7–14 Hz range (alpha and theta brainwave states) are popular for meditation aids. Some modern rife devices include preprogrammed sessions for “sleep,” “calm,” or “focus,” combining multiple frequencies in a sweep pattern.

The Frequencies Of Rifting From The First Frequencies Discovered By Royal Rife To Today Electromagnetic Devices Immune System And Frequencies For Care And Well Being

Lists of frequencies for immune support often include 1000 Hz, 2720 Hz, and 10000 Hz (the latter sometimes called “Rife’s 10000” for general vitality). Users run these frequencies for a few minutes to an hour each day, often during rest or sleep, with the idea that they help the body maintain balance.

Addressing Chronic Conditions

Perhaps the most controversial yet passionate area of rifting is its use for chronic illnesses that have not responded

to conventional medicine practices, especially autoimmune disorders, and persistent viral infections. Thousands of anecdotal reports claim success using custom frequency protocols. However, it is critical to note that no large-scale clinical trials confirm these results. The FDA has issued warnings against using rife devices for cancer or serious infections, but they are sold as “experimental” or “research” tools.

Emotional and Energetic Balancing

Modern frequency enthusiasts have expanded beyond

physical health to include emotional and spiritual well-being. Frequencies like 432 Hz and 528 Hz are used for meditation and “DNA repair” claims (though these are not part of Rife’s original work). Some devices allow users to combine Rife frequencies with binaural beats or isochronic tones for a holistic experience.

Scientific Scrutiny and Safety Considerations

What Does the Research Say?

The scientific

community largely dismisses Rife’s original claims as unproven, citing a lack of reproducibility and controls. However, there is a growing body of research on the effects of low-level electromagnetic fields on biological systems. For example, studies on “frequency-specific microcurrent” have shown some promise in reducing fibrosis and pain. Yet the specific frequencies for killing pathogens remain anecdotal. One reason is that resonance effects require precise energy delivery, and the body’s complex environment makes it difficult to replicate in vitro results in vivo.

The Frequencies Of Rifting From The First Frequencies

Safety and
Precautions
Discovered By |
Today Electroma
And Frequencies

Choosing a
Device
Well B
Today

When used

responsibly, modern Rife devices are generally considered low-risk. They operate at power levels far below those known to cause tissue heating or nerve stimulation. However, individuals with pacemakers, pregnant women, and those with seizure disorders should be cautious. It is always wise to consult a healthcare provider before using any frequency device for a specific medical condition. The frequencies of rifting are not a substitute for professional medical care.

Key Features to Consider

1. **Frequency Range:** For most applications, a generator covering 0.1 Hz to 20,000 Hz is sufficient. Some units go up to 1 MHz for specialized protocols.
2. **Waveform Options:** Sine waves are considered more gentle, while square waves are more intense. Many users prefer

square waves
for penetrating
effects.

3. **Programmability:** Devices

that allow
uploading
custom
frequency lists
or running
sweeps give
more flexibility.

4. **Output Power:**

Higher power
(e.g., 20V peak-
to-peak) can
produce
stronger effects
but may also
cause
discomfort if
misused.

5. **Portability vs.**

Power: Pocket-
sized units are
convenient but
may have
limited battery
life or weaker

output.

Popular Modern Devices

While there are many
brands, some widely
discussed models
include the **Spooky2**
(which uses a PC-
based software and
multiple output
modes), the **GB-4000**
(a classic plasma
device), and the
EMEM (a modern
multi-modality
generator). Each has
its own community
and frequency
database. The choice
ultimately depends on
budget, technical
comfort, and intended
use.

The Future

The Frequencies Of Rife From The First Frequencies

Frequency- Based Care

Royal Rife To our
magnetic devices
ies For Care And
the intersection of
electricity, magnetism,
and biology.

Interest in bioelectromagnetics is growing within complementary and alternative medicine. Research institutions like the Institute for Frontier Science are exploring Rife's original claims with modern equipment. Meanwhile, wearable frequency devices and smartphone apps that claim to emit healing frequencies are becoming popular, though their effectiveness is even more questionable. The legacy of the first frequencies discovered by Royal Rife continues to inspire

It is plausible that some of the basic principles—such as the idea that cells communicate via electrical signals—will lead to legitimate therapeutic applications in the future. However, the public must remain discerning, separating evidence-based protocols from wishful thinking.

Conclusion

The journey from the first frequencies discovered by Royal Rife to today's

electromagnetic devices for care and well being is a testament to human curiosity and the enduring hope for non-invasive healing. While mainstream medicine remains cautious, thousands of individuals around the world report benefits from using rife frequencies for a wide range of conditions. Whether you are a skeptic or a believer, understanding the history and the

technology behind the frequencies of rife allows you to make informed choices. As with any wellness tool, responsible use—combined with open-minded yet critical thinking—offers the best path forward. The frequencies may not be a miracle cure, but they represent a fascinating chapter in the ongoing search for harmony between energy and health.